

Sumário de resultados

Piscina 25m, FINA 2008

Alves Ana Pinto	96 :	50m Costas		45.33	42.22	87%	207 Pt.
		100m Costas		1:33.27	1:25.41	84%	234 Pt.
		100m Costas	10	1:29.28	1:25.41	92%	267 Pt.
		200m Costas	9	3:09.19	2:58.64	89%	279 Pt.
		50m Bruços		47.60	46.79	97%	252 Pt.
		50m Bruços		48.40	46.79	93%	240 Pt.
		100m Bruços		1:40.98	1:35.93	90%	266 Pt.
		100m Bruços	8	1:40.72	1:35.93	91%	268 Pt.
		200m Bruços	4	3:25.17	3:26.04	101%	RP 314 Pt.
		50m Mariposa		40.54	39.16	93%	250 Pt.
		100m Mariposa		1:30.78	1:25.78	89%	240 Pt.
		200m Estilos	6	3:01.40	2:57.19	95%	353 Pt.
		400m Estilos	3	6:20.06	6:12.84	96%	355 Pt.
		Alves Tiago Miguel	95 :	50m Livres		33.46	30.19
50m Livres				31.27	30.19	93%	307 Pt.
50m Livres				32.63	30.19	86%	270 Pt.
50m Livres				33.32	30.19	82%	254 Pt.
100m Livres	6			1:05.57	1:03.31	93%	356 Pt.
100m Livres				1:08.19	1:03.31	86%	316 Pt.
100m Livres				1:09.33	1:03.31	83%	301 Pt.
100m Livres				1:09.31	1:03.31	83%	301 Pt.
200m Livres	Est			2:21.68	2:16.25	92%	378 Pt.
200m Livres				2:23.30	2:16.25	90%	366 Pt.
200m Livres	5			2:21.96	2:16.25	92%	376 Pt.
200m Livres				2:20.52	2:16.25	94%	388 Pt.
400m Livres				4:55.08	4:54.59	100%	402 Pt.
400m Livres	3			4:42.06	4:54.59	109%	RP 461 Pt.
800m Livres				10:04.39	9:59.95	99%	432 Pt.
1500m Livres	4			19:04.71	19:02.91	100%	435 Pt.
50m Mariposa				37.19	33.69	82%	230 Pt.
100m Mariposa				1:19.97	1:13.49	84%	247 Pt.
200m Mariposa	3			2:48.88	2:48.81	100%	287 Pt.
Dinis Andre Marques	93 :			50m Livres		31.18	27.54
		50m Livres		29.80	27.54	85%	355 Pt.
		50m Livres		28.90	27.54	91%	389 Pt.
		100m Livres		1:04.63	58.66	82%	371 Pt.
		100m Livres		1:02.34	58.66	89%	414 Pt.
		100m Livres	8	59.41	58.66	97%	478 Pt.
		200m Livres		2:13.00	2:08.43	93%	457 Pt.
		200m Livres	5	2:09.28	2:08.43	99%	498 Pt.
		400m Livres	6	4:31.61	4:28.51	98%	516 Pt.
		Fonseca David Jose	94 :	50m Livres		30.29	27.88
100m Livres				1:03.16	59.91	90%	398 Pt.
200m Livres	6			2:11.21	2:13.19	103%	RP 476 Pt.
50m Costas				35.56	34.81	96%	287 Pt.
100m Costas	7			1:12.16	1:10.67	96%	342 Pt.
50m Mariposa				33.63	31.82	90%	311 Pt.
50m Mariposa				33.28	31.82	91%	321 Pt.
50m Mariposa	8			31.67	31.82	101%	RP 373 Pt.
100m Mariposa				1:12.47	1:08.08	88%	332 Pt.
100m Mariposa	9			1:10.33	1:08.08	94%	364 Pt.
200m Mariposa	6			2:36.10	2:41.84	107%	RP 363 Pt.

Girao Diogo Cunha	94 :	50m Costas		34.62	31.42	82%		311 Pt.		
		50m Costas		32.53	31.42	93%		375 Pt.		
		50m Costas	6	31.35	31.42	100%	RP	419 Pt.		
		100m Costas	Est	1:06.63	1:06.62	100%		435 Pt.		
		100m Costas		1:10.14	1:06.62	90%		373 Pt.		
		100m Costas	5	1:06.35	1:06.62	101%	RP	440 Pt.		
		200m Costas	4	2:20.87	2:21.88	101%	RP	478 Pt.		
		50m Mariposa		33.04	31.11	89%		328 Pt.		
		100m Mariposa		1:12.29	1:06.10	84%		335 Pt.		
		100m Mariposa		1:10.05	1:06.10	89%		368 Pt.		
		200m Mariposa	5	2:29.52	2:26.28	96%		413 Pt.		
		400m Estilos	5	5:07.08	5:07.30	100%	RP	495 Pt.		
		Grilo Joao Nuno	96 :	50m Bruços		42.64	42.23	98%		242 Pt.
				50m Bruços		43.02	42.23	96%		235 Pt.
100m Bruços				1:30.16	1:29.44	98%		264 Pt.		
100m Bruços	7			1:29.95	1:29.44	99%		266 Pt.		
200m Bruços	6			3:07.30	3:23.47	118%	RP	298 Pt.		
50m Mariposa				36.48	37.33	105%	RP	244 Pt.		
100m Mariposa	5			1:24.38	1:24.81	101%	RP	211 Pt.		
Lopes Pedro Fragoso	90 :	50m Livres		27.12	25.96	92%		471 Pt.		
		50m Livres	2	25.60	25.96	103%	RCSC	660 Pt.		
		100m Livres	Est	56.38	55.99	99%		559 Pt.		
		100m Livres	4	56.20	55.99	99%		565 Pt.		
		200m Livres	Est	2:05.47	2:00.67	92%		545 Pt.		
		50m Costas	Est	30.34	31.09	105%	RP	462 Pt.		
		50m Mariposa		27.93	27.24	95%		543 Pt.		
		50m Mariposa	3	27.24	27.24	100%	RCSC	686 Pt.		
		100m Mariposa	2	59.13	58.95	99%		612 Pt.		
		Machado Florbela Cavaco	96 :	50m Livres		32.43	31.49	94%		396 Pt.
50m Livres				31.45	31.49	100%	RP	434 Pt.		
50m Livres				32.40	31.49	94%		397 Pt.		
50m Livres				33.13	31.49	90%		371 Pt.		
100m Livres	1			1:04.25	1:04.21	100%		543 Pt.		
100m Livres				1:07.46	1:04.21	91%		469 Pt.		
100m Livres				1:09.29	1:04.21	86%		433 Pt.		
100m Livres				1:06.77	1:04.21	92%		484 Pt.		
200m Livres				2:18.11	2:16.79	98%		563 Pt.		
200m Livres				2:21.51	2:16.79	93%		524 Pt.		
200m Livres	1			2:16.32	2:16.79	101%	RCSC	686 Pt.		
400m Livres				4:45.19	4:47.45	102%	RP	595 Pt.		
400m Livres	1			4:37.60	4:47.45	107%	RCSC	645 Pt.		
800m Livres	1			9:35.74	9:52.51	106%	RCSC	622 Pt.		
50m Mariposa				35.47	33.95	92%		374 Pt.		
50m Mariposa				38.52	33.95	78%		292 Pt.		
100m Mariposa				1:21.53	1:13.77	82%		331 Pt.		
100m Mariposa	3			1:15.33	1:13.77	96%		420 Pt.		
200m Mariposa	2			2:43.03	2:41.90	99%		441 Pt.		

Meneses Gustavo Alexandr	92 :	50m Livres	Est	26.25	25.75	96%		519 Pt.		
		50m Costas		32.48	30.04	86%		377 Pt.		
		50m Costas	3	29.96	30.04	101%	RCSC	380 Pt.		
		100m Costas		1:07.36	1:02.91	87%		421 Pt.		
		200m Costas	5	2:23.05	2:19.32	95%		457 Pt.		
		50m Bruços		36.07	32.59	82%		399 Pt.		
		50m Bruços		33.61	32.59	94%		493 Pt.		
		50m Bruços	2	31.73	32.59	105%	RCSC	587 Pt.		
		100m Bruços		1:16.43	1:09.62	83%		433 Pt.		
		100m Bruços	3	1:11.69	1:09.62	94%		525 Pt.		
		200m Bruços	3	2:36.72	2:32.86	95%		509 Pt.		
		50m Mariposa		30.79	28.89	88%		406 Pt.		
		200m Estilos	4	2:23.24	2:19.87	95%		502 Pt.		
		Neto Hugo Neves	94 :	50m Livres		32.44	28.41	77%		275 Pt.
				100m Livres		1:08.55	1:02.36	83%		311 Pt.
200m Livres				2:20.40	2:18.64	98%		389 Pt.		
400m Livres				4:44.85	5:00.75	111%	RP	447 Pt.		
800m Livres				9:37.40	10:10.05	112%	RP	495 Pt.		
1500m Livres	5			18:15.35	19:09.48	110%	RP	496 Pt.		
Pereira Renan Camara	93 :			50m Bruços		36.81	34.27	87%		376 Pt.
		50m Bruços		35.60	34.27	93%		415 Pt.		
		50m Bruços	6	34.08	34.27	101%	RP	473 Pt.		
		100m Bruços		1:19.12	1:13.55	86%		390 Pt.		
		100m Bruços	6	1:16.00	1:13.55	94%		440 Pt.		
		200m Bruços	6	2:47.02	2:38.59	90%		421 Pt.		
		50m Mariposa		29.27	31.82	118%	RP	472 Pt.		
		100m Mariposa		1:12.02	1:09.66	94%		339 Pt.		
		200m Estilos	6	2:33.64	2:29.57	95%		407 Pt.		
		400m Estilos	6	5:19.52	5:11.72	95%		439 Pt.		
Ramos Bruno Filipe	96 :	50m Livres		38.68	38.24	98%		162 Pt.		
		100m Livres	13	1:22.98	1:21.08	95%		175 Pt.		
		50m Costas		47.59	47.89	101%	RP	120 Pt.		
		100m Costas	11	1:35.58	1:36.25	101%	RP	147 Pt.		
		50m Bruços		51.88	52.17	101%	RP	134 Pt.		
		100m Bruços	12	1:49.80	1:50.51	101%	RP	146 Pt.		
Santos Carlos Eduardo	96 :	50m Livres		35.90	34.38	92%		203 Pt.		
		50m Livres		35.08	34.38	96%		218 Pt.		
		50m Livres		33.73	34.38	104%	RP	245 Pt.		
		100m Livres		1:17.21	1:13.01	89%		218 Pt.		
		100m Livres		1:15.80	1:13.01	93%		230 Pt.		
		100m Livres		1:14.05	1:13.01	97%		247 Pt.		
		200m Livres		2:40.34	2:40.88	101%	RP	261 Pt.		
		200m Livres		2:38.62	2:40.88	103%	RP	270 Pt.		
		200m Livres	10	2:36.32	2:40.88	106%	RP	282 Pt.		
		400m Livres		5:24.89	5:25.32	100%	RP	301 Pt.		
		400m Livres	9	5:24.60	5:25.32	100%	RP	302 Pt.		
		800m Livres		10:57.48	11:26.68	109%	RP	335 Pt.		
		1500m Livres	6	20:37.87	21:27.87	108%	RP	344 Pt.		

Santos Diogo Andre	96 :	100m Livres	Est	1:07.23	<i>1:07.03</i>	99%		330 Pt.		
		50m Costas		36.45	<i>35.16</i>	93%		267 Pt.		
		50m Costas		36.96	<i>35.16</i>	90%		256 Pt.		
		100m Costas	Est	1:14.50	<i>1:14.46</i>	100%		311 Pt.		
		100m Costas		1:16.65	<i>1:14.46</i>	94%		285 Pt.		
		100m Costas	7	1:15.07	<i>1:14.46</i>	98%		304 Pt.		
		200m Costas	6	2:37.68	<i>2:40.38</i>	103%	RP	341 Pt.		
		50m Mariposa		36.65	<i>35.38</i>	93%		240 Pt.		
		100m Mariposa		1:22.57	<i>1:23.42</i>	102%	RP	225 Pt.		
		200m Estilos	5	2:40.90	<i>2:41.89</i>	101%	RP	354 Pt.		
		400m Estilos	3	5:43.66	<i>5:46.81</i>	102%	RP	353 Pt.		
		Silva Tiago Andre	94 :	50m Livres		32.60	<i>29.26</i>	81%		271 Pt.
				50m Livres		32.22	<i>29.26</i>	82%		281 Pt.
100m Livres				1:09.33	<i>1:03.86</i>	85%		301 Pt.		
100m Livres				1:06.87	<i>1:03.86</i>	91%		335 Pt.		
200m Livres				2:24.32	<i>2:22.06</i>	97%		358 Pt.		
200m Livres				2:18.84	<i>2:22.06</i>	105%	RP	402 Pt.		
400m Livres				4:54.08	<i>4:55.21</i>	101%	RP	407 Pt.		
400m Livres	7			4:45.41	<i>4:55.21</i>	107%	RP	445 Pt.		
800m Livres				9:55.17	<i>10:09.17</i>	105%	RP	452 Pt.		
1500m Livres	6			18:43.40	<i>19:05.05</i>	104%	RP	460 Pt.		
4 x 50m Livres Masc.	:	Meneses Gustavo Alexandre Lopes Pedro Fragoso	26.25 25.71	Pereira Renan Camara Dinis Andre Marques	26.91 27.72	3	1:46.59	RCSCC		
4 x 100m Livres Masc.	:	Santos Diogo Andre Santos Carlos Eduardo	1:07.23 1:14.30	Grilo Joao Nuno Ramos Bruno Filipe	1:11.02 1:19.41	3	4:51.96			
4 x 100m Livres Masc.	:	Lopes Pedro Fragoso Dinis Andre Marques	56.38 1:01.37	Neto Hugo Neves Fonseca David Jose	59.69 1:00.11	3	3:57.55			
4 x 200m Livres Masc.	:	Alves Tiago Miguel Santos Diogo Andre	2:21.68 2:25.96	Santos Carlos Eduardo Grilo Joao Nuno	2:37.99 2:31.94	3	9:57.57			
4 x 200m Livres Masc.	:	Lopes Pedro Fragoso Dinis Andre Marques	2:05.47 2:10.07	Girao Diogo Cunha Fonseca David Jose	2:08.21 2:13.65	3	8:37.40			
4 x 50m Estilos Masc.	:	Lopes Pedro Fragoso Silva Tiago Andre	30.34 38.55	Neto Hugo Neves Dinis Andre Marques	32.40 28.08	3	2:09.37			
4 x 100m Estilos Masc.	:	Santos Diogo Andre Santos Carlos Eduardo	1:14.50 1:36.95	Grilo Joao Nuno Ramos Bruno Filipe	1:25.37 1:20.72	3	5:37.54			
4 x 100m Estilos Masc.	:	Girao Diogo Cunha Neto Hugo Neves	1:06.63 1:19.50	Fonseca David Jose Silva Tiago Andre	1:10.42 1:02.48	3	4:39.03			

Total 168 resultados individuais, desempenho médio: 95,1%
8 novos rec. Clube, 47 novos rec. pessoais
Maior melhoria: Grilo Joao Nuno, 200m Bruços 3:07.30